

Advice for Pregnant Women



Because protecting the mother is the best way to protect her unborn child, a pregnant woman should always wear a seat belt whenever she drives or rides in a vehicle.

We recommend that pregnant women use a lap/shoulder belt whenever possible. Remember to keep the lap portion of the belt as low as possible across your hips.

Pregnant women should also sit upright and as far back as possible from the steering wheel or dashboard. This will reduce the risk of injuries to both the mother and her unborn child that can be caused by a crash or an inflating airbag.

Each time you have a check-up, ask your doctor if it's okay for you to drive.

Additional Safety Precautions

- ***Never let passengers ride in the cargo area or on top of a folded-down back seat.*** All passengers must sit in locked, upright seats and be properly restrained by seat belts.
- ***Passengers should not stand up or change seats while the vehicle is moving.*** A passenger who is not wearing a seat belt during a crash or emergency stop can be thrown against the inside of the vehicle,

against other occupants, or out of the vehicle.

- ***Two people should never use the same seat belt.*** If they do, they could be very seriously injured in a crash.
- ***Do not put any accessories on seat belts.*** Devices intended to improve occupant comfort or reposition the shoulder part of a seat belt can severely compromise the protective capability of the seat belt and increase the chance of serious injury in a crash.

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